



## Ladies Only One Hour Clinics Saturdays 12pm

Swing Classes Topics	Swing Dates
Swing: weight shift, with drills	Feb. 8, Aug. 8, Oct. 24
Swing:: steady spine for proper muscle use	April 25, Aug. 22
Swing: impact positions	Feb. 22, May 16, Oct. 31
Swing: what does “lag” mean?	March 14, July 4
Swing: Release the club at the right time!	April 11, Aug. 1, Oct. 17
Swing: what are we trying to do? Swing grip and general motion	Feb. 1, May 9, Oct. 3
Swing: Let’s focus on drivers!	Feb. 29, June 20, Sept 19
Swing: drill to improve your consistency	March 21, May 30
Swing: different sources of power	Feb 15, June 13
Swing: control the clubface	April 4, July 25, Sept 5
<b><u>Short Game Class topics</u></b> **If raining these sessions will be swing classes on the range, class will not be cancelled	<b>Short game Dates</b>
** Short game: bunkers and pitching	June 6, Oct. 10
** Short game: are you chunking and blading chip shots? Come learn why, and how to fix it.	May 2, Aug 29
** Short game: putting fundamentals	April 18, May 23, July 18
** short game- chipping vs. pitching	March 28, Sept 12
** Short game: chipping	March 7, Aug 15
** Short game: lag putting!- let’s be realistic!	Sept 26

\$19.95 per clinic, Instructor: April Stubbs, PGA of Canada, 10 passes available for \$175.00  
 To register call the golf shop at (604) 266-2334. Payment is due at time of registration.  
**Musqueam Golf & Learning Academy: [www.musqueamgolf.com](http://www.musqueamgolf.com)**